

COMPETITION SPECIAL

WINNERS UNDER 5's



Winner
Celeste (5)

Runner Up
Augustas (4)



WINNERS 6 TO 8

Winner
Vanya (8)

Christmas time



Runner Up
Yoanna (8)

EDITORIAL

December 2021

The end of the another year is just around the corner!

This has been a very busy year for the Residents' Association and in the village generally. After so much disruption in 2020 getting back on track has been a challenge all-round.

The new Community Association charity is currently going through teething problems as we set it up, and there are still a number of gaps in the organisation (such as a Treasurer and someone to manage the Advertising in this magazine - to name only two)! If you'd like to volunteer to help us out then please email me at **chair-of-trustees@barhillca.org**.

The Bar Hill News will be moving into the new charity over the next few months, as will the Community Hub.

Hopefully things will become a little easier in 2022 after the initial teething problems have been resolved!

And finally I'd like to say a big thank you to everyone who has contributed to the Bar Hill News, the Residents' Association, and more generally in our village over the last year.

Best wishes to everyone for 2022!

Hope you enjoy this issue, if you have any comments or suggestions (or would like to write us a letter!) please contact us via the **bhneditor@yahoo.com** email address.



Residents' Association 2021-22

Chair	Laura Chapman
Vice Chair	Karen Hayden
Treasurer	Anne Bensted
Data Prot. Officer	Richard Hayden
Editor/ Secretary	Andy Pellew
Features Editor	Lottie Beare
Advertising	Anne Bensted
Committee Members	
Bunty Waters	Jo Hall
Roger Hall	Amber Neale

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published. Names and addresses may be withheld.

Article Information

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion.

All items should be submitted electronically to **bhneditor@yahoo.com**

Would you like to join our Residents' Association? We meet once a month and are always open to ideas for enhancing life in our village and working with partners to develop our community.

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Maple Surgery News

Guess Who's Back!

We are very excited to announce the return of our Practice Nurse, Donna Brown, to the surgery! We know she was a favourite with our patients and are thrilled to have her back in the surgery every Tuesday and Wednesday.

We now have a full nursing team and are currently recruiting to fill our GP vacancies. We will have an update on this in the next issue.

Flu Vaccinations

As some patients will be aware, we have had some supply issues with flu vaccinations for the under 65's. We are expecting a further supply to be delivered on 29th November which will be enough to cover the rest of the patients we have booked in. We would encourage all eligible patients under 65 who have not already booked with us to contact a local pharmacy to get their vaccination.

Carers' Cafe

We thoroughly enjoyed meeting some of our patients at our first carers' cafe on Thursday 11th November. We had a lovely time with lots of tea, cakes and laughs along the way!

We are looking forward to carrying on with this event each month and building



up our carers' cafe to support those who care for others in the local community. We hope to have a speaker from Carers Together at our next meeting to talk through the support they can offer to carers. Any carers from the local community are very welcome to come along to these events, not just those who are registered at Maple Surgery. If you are carer and would like to be invited to the next cafe but are not registered at the surgery, please do contact us on **01954 780442** or email **maplesurgery.enquiries@nhs.net** and ask to be added to our carers cafe list.

Website

We are currently in the process of making sure the website is up to date with news and information which is useful for our patients. The website address is **www.maplebarhill.co.uk**. We want to make sure that the website contains the information you want, so if you have any feedback regarding the website or there is information you would like to see added please contact the surgery via our email **maplesurgery.enquiries@nhs.net** and we will endeavour to update it.

Registrations

We welcome registrations from new patients at Maple surgery. The forms you need can be found on our website or please feel free to pop into the surgery and our reception team will be happy to help. The surgery doors are open each day from 8.00am -6.30pm so if you have a query and would prefer to speak to reception team face to face please do come in, we would love to see you!

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NOTICES & LETTERS TO THE EDITOR

Please send your letters & notices to
bhneditor@yahoo.com. Thank you!



Dear Readers

A Tribute to Gus

It is with deep sadness that I am having to let you know that after a very short illness Gus has passed away. You might remember the monthly letters that he wrote, by his ghost writer John Reynolds, about his training adventures.

His adventures continued as he worked in Cambridge as a faithful guide dog to my friend Marion for several years. During the pandemic he kept several feet warm during our garden visits.

He is missed by all his family. Hopefully he has found John to keep him company again.

Stay safe

Kindest regards

Avril



Deadline for next issue is 6pm on the 15th of the month, please send submissions to
bhneditor@yahoo.com - the earlier the better!



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Bar Hill History

As you will certainly know Bar Hill is one of the youngest villages in South Cambs - planned in the 1950's with construction starting in the 1960's and the first villagers moving in in 1967.

Because of its relative "newness" people assume, when they're having a clear out, that old papers documents and photos will have been held elsewhere and so can be binned.

This isn't so!

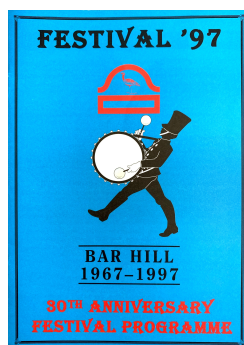
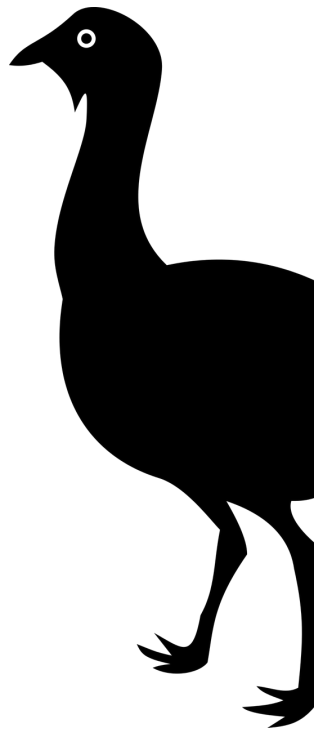
There are some quite large gaps in the history of the village that Roger Hall, our village historian, is very keen to see filled.

Do you have anything related to the village? Particularly anything before the year 2000? It might not look rare or unique, but once some of these items are lost they are gone forever.

For example here is a link to the 30th Anniversary Festival Programme from 1997; <https://bit.ly/3z84k5z>.

And here are the meeting minutes from the very first meeting of the Bar Hill Residents Association from 1968; <https://bit.ly/3kvEUZR>.

If you have something you'd like to donate (or you have a stack of things you'd like someone to look through) please contact the editor bhneditor@yahoo.com and we'll put you in touch with someone to help.



healthwatch Cambridgeshire

Wanted: your views on health and care

What do you think about the health and care services you use - like GPs, dentists, hospitals, pharmacies or social care at home?

Good or bad, your views are wanted by health and social care champion Healthwatch Cambridgeshire.

It listens to local people and shares their experiences to help improve NHS and care services.

Have your say about

- Covid vaccinations
- Visits to the GP - are video consultations working well or are you struggling to see your local doctor?
- Hospital waiting lists
- Home care services
- Care homes
- Using the NHS 111 First service

Give your feedback at <https://bit.ly/3kWq6o2> Not online? Call **0330 355 1285** or text: **0752 0635 176** to share your experiences.

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Catholic Church Serving Bar Hill

Parish Priest: **Fr Adrian Gates** (Hospital Chaplain (Resident in Ditton), **01223 622690**), Local: **Bunty Waters** (**01954 201421**)

Mass is now held in the Octagon at 6.00pm on Saturdays.

Everyone is very welcome.



November Service Timetable - Every Monday 10 to 12 in the Octagon

06-DEC	Coffee Stop	Foodbank	Citizens Advice	Listening Ear (Mental Health Support)		Health & Wellbeing
13-DEC	Coffee Stop	Foodbank	Citizens Advice	Listening Ear (Mental Health Support)		
20-DEC	Coffee Stop	Foodbank	Citizens Advice	Listening Ear (Mental Health Support)		Health & Wellbeing

Coffee Stop: Pop in for a coffee, a piece of cake and a chat with friends, old and new!

Foodbank: No need for any vouchers. If you are feeling the impact of the £20 per week reduction in Universal Credit, the dramatically increasing energy costs, just drop by and let us help you

Citizens Advice: Whatever your enquiry, meet with our experienced Citizens Advice advisor or book an appointment by ringing **0800 088 6522** or email:

BarHillAdvice@gmail.com

Listening Ear: We are happy to listen and have 2 fully qualified Mental Health First Aiders

Parish Council Surgery: Speak in person with a Parish Councillors on the 4th Monday of every month

Health & Wellbeing: On the 1st & 3rd Mondays of the month, take advantage of some exercise guidance from our experienced coach and visiting speakers

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NOTE: There will be no Community Hub on Monday 27 December.

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Helping Wildlife in December.

Try to leave those bushes we sometimes consider a pain such as bramble. It provides shelter / protection and food to a lot of wildlife. If you have to remove such bushes please replace with something else that will give wildlife similar benefits. Nature isn't neat and tidy and pedicured. With constant loss of habitat we have to help wildlife survive where ever there is space left. If we help the natural world, we help ourselves.



Bar Hill Ladies Book Club Meeting Monthly

Next meeting : Monday 13th December –
The Midnight Library – Matt Haig.

Bar Hill Sports & Social Club – 7.30pm

We are a friendly group of ladies who love
to read & share our opinions & thoughts.

Please join us , you will be so welcome.

Please email sheilafarrar@hotmail.co.uk
or call/text **07920558319**.



Bar Hill Allotment Society

Bar Hill Allotment Society's (BHAS) main aim is to ensure all members get enjoyment and satisfaction from their allotment plot. The BHAS aims to promote gardening to residents of Bar Hill, wherever possible encouraging biodiversity and gardening methods which don't harm the environment. There are 92 plots on the BHAS site positioned on the village ring road which are used for the cultivation of crops - vegetables, fruit and flowers. Some plots have small sheds, polytunnels and fruit cages.



Having an allotment is so much more than just tending your plot, although digging, weeding, sowing, planting, staking, protecting against pigeons/wildlife, nurturing, feeding and pruning (and loads more) are important jobs to be done before reaping the rewards - eating the best tasting fruit and veg ever (hopefully)!!

Ask any allotmenteer why they have a plot and you'll get many different answers - ranging from the main one - home grown fruit 'n' veg tastes so much better, to others such as: it's so peaceful, great exercise, get away from it all, it's relaxing, get out of the house, like to chat, - even - it's my little piece of heaven. All added value to producing tasty fruit and veggies!

Whatever the reason for being an allotmenteer, most of us lucky enough to have a plot just love going to the site and tending our allotment for many of the above reasons. It is hard work but thoroughly enjoyable and rewarding.

If you have any general enquiries, please email barhillallotment@gmail.com.

If you are interested in becoming an allotmenteer please contact Jeni Gait-Smith jenifer.ngs@gmail.com **07979 351119**.

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Village Candle-lit Carol Service

Because of lockdown, the 2020 Carol Service had to be recorded. This year, the Village Candle-lit Carol Service will be held in the church on **Sunday 19 December 2021 at 6.00pm**. However, to ensure Covid-security, numbers in the church will be limited to 60 people, booking on a first come, first served basis. The service will also be broadcast on Zoom for those who cannot get a place in church. See www.barhillchurch.org.uk for more information.



Christingle Trail

Christmas Eve

(Friday 24 December)

Meet at the main entrance

Bar Hill Church

Start any time between

3:00 pm and 3:45 pm

Goes round the church premises

approx. 45 minutes in all



For families
& children

(Children must be

accompanied by an adult)

Make your own Christingle

Games and craft activities

Concludes with a short service

Gift bag to take home

covid-safe outdoors wrap up well!

Other Christmas Services at Bar Hill Church

Sunday 5 December, 10:00 am

Sunday 12 December, 10:00 am

Sunday 19 December, 10:00 am

Christmas Eve 24 December, 11:30 pm

Christmas Day 25 December, 10:00 am

Sunday 26 December, 10:00 am

Holy Communion (Anglican)

Gift & Crib Service

Holy Communion (Reformed)

Midnight Holy Communion

Family service for all ages

Morning Worship

Website <https://barhillchurch.org.uk>

Facebook <https://facebook.com/barhillchurch>



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BAR HILL COMMUNITY FOCUS

After taking a few months off, we thought it would be nice for our end-of-the-year issue to bring back our column about business in our community. This month we're talking to Jon Neale, who lives in our village and is the man behind Lord Conrad's Brewery in Dry Drayton.

Lottie Beare: So when did you first get interested in beer?!

Jon Neale: A long time ago! I first got interested in brewing my own beer back when I was about 16 - in those days, it was particularly hard to get a beer, so the solution was to start home-brewing. As time went by, my interest in ale grew, and my kit grew along with it. It was in 2007 when it really took off after I received some new equipment for my birthday.

I spent a few years home brewing and inviting friends around for testing sessions.

In 2011 I stepped up to the next level and moved into a small unit in Dry Drayton to brew on a commercial scale, Lord Conrad's was born, and I haven't looked back since!

LB: Why Lord Conrad's?

JN: I wanted to avoid naming it after a specific location just in case I moved. So I chose to go with a combination of my nick name and real name.

LB: So what does Lord Conrad's produce?

JN: I specialise in real ale, bitters, porters and pales, which change with the seasons. I've created over sixty different beers according to untappd.com but usually have about six different ales on the go at any one time.

■ 12

I brew over 1,000 pints a week!



LB: That's very exciting! What's your biggest seller?

JN: Tastes change, but at the moment, pale ale seems to be the most popular seller. Brown used to be the largest seller, but I expect the trend for hoppier pales and more espresso-like porters to continue!

LB: What ingredients do you use?

JN: Sustainability is at the heart of our ingredients at Lord Conrad's from local grains to wild hops. Ensuring we use natural ingredients that support local farming methods. Almost all of our bottled ales and cask beers are suitable for vegans. And we continue to work hard to maintain our gold sustainable business award, setting new challenges each year.

All our spent grain is used for animal feed, and our wastewater is re-balanced.

LB: So it's been 10 years since you started Lord Conrad's; what do you think of as a highlight?

JN: I'm very proud that the local pub in Dry Drayton, the Black Horse, has a dedicated Lord Conrad's hand pull. That's definitely been one of the highlights.

I work flexible hours and have the creative freedom to produce the ales I want to produce. This freedom allows me to spend time with my young family and gives me lots of contact with so many locals!

LB: Where next for Lord Conrad's?

JN: Christmas 2021 is here! We'll have our special opening days when we sell directly to the public from our brewery (18-24th Dec). Hopefully, next year in 2022 we can resume our brewery tours and start supplying festivals again!



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Ayla (8)



Bar Hill Colts

The U9 Bar Hill Sharks
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with a very healthy
squad size of 16 boys
and girls.

We train on Tuesday
evenings 6-7pm and
play our matches on
Saturday mornings on
the village green.

Do come along and support us on the 7
aside pitch if you get the chance!

We would like to thank our generous
sponsors for the following kit we have
been provided this season:

Home Kit: Kameo Recruitment Ltd

Rain Jackets: Bounce Bar Hill

Tracksuits: Bar Hill Spice & Cam Spice

Thanks, Pete Tod (Manager).

07960064472



Bar Hill Neighbourhood Watch

working for a safer community



To contact Neighbourhood watch please email
nhwinbarhill@yahoo.co.uk

To keep up to date on the latest developments
please join us on facebook: **[bit.ly/
FBBarHillNHW](http://bit.ly/FBBarHillNHW)** (or search for "Bar hill
NHW")

A14 Legacy - Derelict Buildings

As residents know adjacent to the A14 there is National Highways-owned land including a former garage, burger king, and hotel, now derelict and not well protected from intruders. Several local residents have raised concerns about rubbish and the fact people are getting into the site which could be dangerous. But mostly they are concerned there is no progress or plan for the future.

NH is trying to dispose of the land. It's a challenge – whoever buys it will need to invest heavily including creating an access road. It seems they are not having much luck in finding buyers. They are currently considering what uses they might put the site too but warn it could be a long process.

It's unacceptable that NH is able to leave this land in the state it's in and not bother to engage with local residents about how it will be used in future. I have been frustrated by the complacent attitudes of all concerned and the way no-one has prioritised this or considered Bar Hill whatsoever. Local residents want a say in how the land is used – and to be kept informed on progress. In the meantime the land needs to be made safe.

Recent County Council Decisions

20mph: the Highways Committee has agreed to revisit the Council's policy and will bring forward more detailed policy proposals in December. The intention is to make it easier to reduce speed limits. This has potential to support aspirations to manage speed reduction in a more holistic rather than piecemeal way

Disadvantaged Children: the Council voted to create a fund to support children

of families who have been particularly affected by the recent Budget which made changes to Universal Credit. The fund will help with access to education and sport and other ways to enhance life chances

Enhanced Response Area – this will provide additional funding for the area to deliver more vaccinations and boosters as well as encouraging employers to adopt measures such as mask-wearing to help tackle the high levels of infection and protect the NHS from dangerous levels of demand.

Bus timetables – Stagecoach update

Following residents' difficulties I have followed up with Stagecoach who make the following key points:

- Citi 5 reduced 90% in response to demand, it's difficult to tempt people back
- Recently passenger numbers have ticked up, now they are about 65% of pre-covid levels. Most routes are not commercially viable and are being run with government and local authority support
- Shortage of drivers recently and higher levels off sick than usual. Over 90% of services have run, but not 100%
- No plans to remove routes but future operating plans may require a review
- Citi 5 will continue with 30 minute frequency for the foreseeable future
- Stagecoach are reviewing journey times there is still some work to do on the 5 route
- Realtime stop information, there is an error with the system, but services are running. Consult timetable on website for active service information
- Driving around the village twice is being reviewed

Bar Hill Library

Our library in the village has now re-opened.
The new opening hours are;

Monday: 10am – 5pm

Tuesday: 2pm – 5pm

Wednesday: 10am – 5pm

Thursday: Closed

Friday: 2pm – 5pm

Saturday: 9.30am – 12.30pm

Sunday: Closed

We look forward to seeing you there!



Helping Hedgehogs in December.

During mild winters hedgehogs may remain active into late December.

They will wake up during milder spells to top up their body fat. You can help by leaving fresh water and kitten biscuits out at night.

If you see any small hedgehogs out. They will need our help as will be too small to survive hibernation. You can pick up with gloves and put into a cardboard box with a towel. Then bring to us at Shepreth or a wildlife rescue centre to be over wintered.

For help and advice on hedgehogs contact Liz Dams on **07912 988898** or Shepreth Hedgehog Hospital **07505 651968**.

Out of hours Emergency line **07771 457693**.



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Ava (3)



Olive Tree Bereavement Group

Our next meeting will be on Saturday December 11th at 10.30 in the Octagon.

We will be pleased to see you if you are a regular member, a new member, or if you have never been before.

We are very conscious that the dark evenings are approaching and shorter daylight hours may cause an extra feeling of loneliness and isolation for people who have been bereaved as well as those living alone. If this is you perhaps you will come along and meet with people who experiencing this too.

This is a very welcoming and open group where you can talk quite freely and your confidence will be respected. There will be time to share your experiences, listen and have a discussion as well as getting to know others in the group, with time for refreshments too.

If you are wondering whether the group is right for you, please phone one of us to talk about it.

The leaders and members of the group will offer a warm welcome and you will be in the presence of people who have been through loss and understand the particular pain and difficulties that this brings.

We will have our annual "Time to remember" service on January 16th 2022 it will be at 6.00 p.m. in The Church. This is a gentle reflective service and offers a

chance to remember family and friends who have died.

For more details phone: Sue Kenchington **780260**, Chris Stannard **781978**, or Maggie Cox **488657**.



WELLBEING WALKS

Join one of our free group walks in a safe, friendly environment.

Our group walks are led by specially trained leaders who are on hand to provide encouragement and support, and make sure no one gets left behind. Our walks are short and over easy terrain. They are open to everyone but are especially aimed at those who are least active.

All walks start and finish outside the surgery/church in Bar Hill.

06-DEC: 1pm long walk (30 mins)

13-DEC: 10am short walk (15-20 mins)

20-DEC: 1pm long walk (30 mins)

2022 dates TBC

What to bring: Comfortable footwear, warm clothing, water, and a mobile phone if you have one.

Short walks are suitable for prams, walking frames and wheelchairs



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Keeping in touch with South Cambridgeshire

News and Updates from our Local South Cambridgeshire MP can be either found on his website;

<https://www.anthonybrowne.org>

You can also sign up to an email newsletter which ensures that News and Updates are delivered straight to your inbox.

Alternatively you can follow Anthony on Facebook; <https://www.facebook.com/anthonybrowneMP/>, or. Via Twitter; <https://twitter.com/ab4scams>

You can write to Anthony at his constituency office;

Broadway House, 149-151 St Neots Road, Hardwick CB23 7QJ.

Or call to discuss anything **01223 603677**

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MOVE N TONE

Thurs @ 10.15am at Bar Hill Church - £5

Call Simon on 01223 236945

or visit www.bodyinmotionpt.co.uk

FREE FIRST CLASS



Bar Hill Pre-School

In November, we have been using the recent firework displays to base our activities on, creating opportunities for art work and colour mixing. We observed a short silence on Remembrance Day and made our own poppy wreaths using coffee filters and handprints.

We have had a role play area based on a post office this month, so we have drawn some pictures and sent them off in the post. We have also visited the Remembrance garden during our walk, to see the community wreaths.

The week beginning 15th November, we are taking part in 'National Nursery rhyme week', and activities will include labelling parts of our bodies for the rhyme 'head, shoulders, knees and toes' and a carrot activity for 'sleeping bunnies'.

We will also celebrate and raise funds for 'Children in Need' this Friday with our Pudsey activities.

Are you interested in finding out more and booking a place for your child? Contact enquiries@barhillpreschool.co.uk or call 01954 782892. You could also visit our website www.barhillpreschool.co.uk for an enrolment form.

Children are offered places from the age of two years old. We are open 9am-3pm in term time.

FOR SALE (Nov): Wheelchair with pneumatic tyres. Good condition. £50. 01954 201351 (Stephen).

FREE (Nov): 2 single divan beds with mattresses - Buyer collects. 01954 781739 or 07946 205957 (Del)



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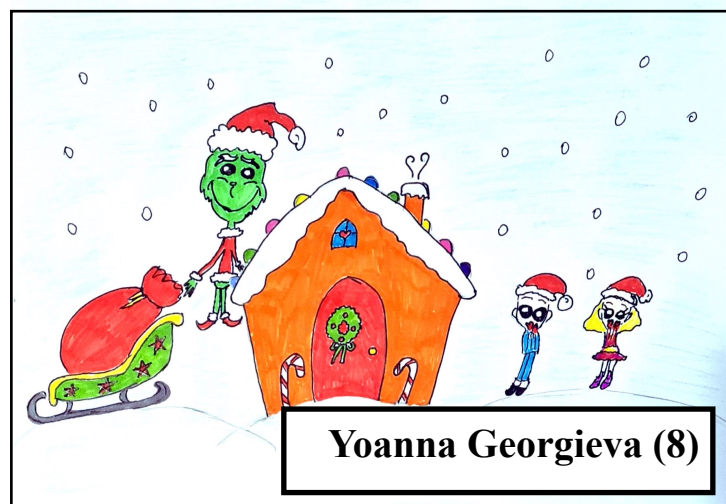
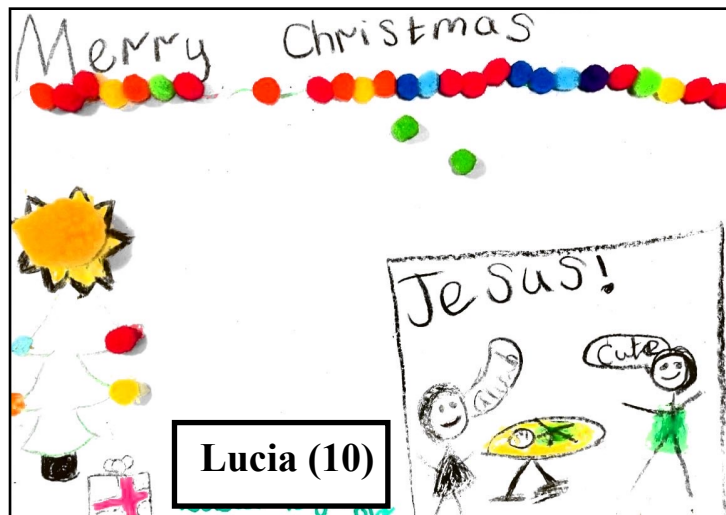
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Bar Hill
Primary School

This term the children have formed an Eco Team and been looking at ways to:-

- reduce the litter and waste footprint of communities through changes in students' attitude
- To increase student knowledge and practical skills in preventing and managing litter and waste in the contexts of the global sustainable development agenda
- To improve students' behaviour in preventing and managing litter and waste

They have been rewarded with a certificate for completing the "Litter less campaign". Our next project will be on the 1st December where children will decorate the willow dome tree in ribbons to show their appreciation to nature!



We are also pleased to share with you our new Infants area, that was refurbished over the Summer holiday. It's still a work in progress while we wait for some final deliveries which we hope to share with you soon.





The power of the humble stamp

As Christmas post begins to arrive, please take a moment to save the used stamps as they can be put to very good use. Every year, thousands of pounds are raised for Leprosy Mission, helping to fight the effects and stigma of Leprosy, a devastating, yet needless, disease.

Stamps can be placed in a box in the library or in the church letter box.

The following are also welcome, so if you need me to collect anything, just leave a note in the box and I'll be in touch:

- Whole album collections
- Postcards (posted or new)
- Old or Foreign coins and notes
- Medals
- Cigarette or tea cards

All these can help -

- Early detection and simple drug cure
- Rehabilitation of 4 million leprosy-affected people worldwide
- Prevent needless disabilities and blindness
- Allow people the dignity to provide for their family rather than be dependent on them
- Tackle stigma which isolates sufferers

Thank you for your support.

Pam Vendy



THE ROYAL BRITISH LEGION

We meet on the 4th Thursday of each month in the Meeting room of the Octagon at 7.30pm. You do not have to have served in the Forces to join the Legion. If you would like to find out more about the Royal British Legion in Bar Hill please contact either Malcolm Cox on **01954488657** or Wendy Arrowsmith on **01954 781381** or come along to a meeting.

Why not support The Royal British Legion in their Centenary year by buying a limited edition Centenary badge. Suggested minimum donation of £4 please contact Maggie Cox on **01954 488657**.



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Christmas 2021 – opening hours

Please note the surgery will be CLOSED on the weekends and all the bank holidays including Monday 27th December, Tuesday 28th December and Monday 3rd January. Normal opening hours on all the other days during the holiday period

Please plan ahead and make sure you have enough medication. The last date for ordering repeat prescriptions in time for the Christmas holidays is Weds 21st December. The last date for collection before Christmas is Fri 24th December by 4pm at Longstanton Surgery and 6pm at Willingham. The last date for ordering repeat medication before New year will be Weds 29th December and collection is no later than Fri 31st of December by 4pm at Longstanton Surgery and 6pm at Willingham.

Get ready for winter viruses

Flu and COVID-19 can both be life-threatening and spread more easily in winter, when we are all crowded together inside. Most adults and children will be eligible for a flu jab, COVID-19 booster, or both. It's the most effective way to boost our natural immunity and protect ourselves from these viruses. So, book your vaccine appointments now and BOOST your immunity this winter.

Willingham **01954 260230**,
Longstanton **207600**,
Dispensary **207602**.

District Nurse Team:
01223 726469 Option 2

Health Visitors: **0300 029 50 50**

Out of hours cover: Ring **111**

[willinghammedicalpractice.nhs.uk](https://www.willinghammedicalpractice.nhs.uk)



So it's important to get your flu vaccine this year as well as your COVID-19 vaccines. The flu vaccine is given free on the NHS to people who are; 50 and over (including those who'll be 50 by 31 March 2022), have certain health conditions, are pregnant, are in long-stay residential care, receive a carer's allowance, or are the main carer for an older or disabled person who may be at risk if you get sick, live with someone who is more likely to get infections (such as someone who has HIV, has had a transplant or is having certain treatments for cancer, lupus or rheumatoid arthritis), or are a frontline health or social care worker.

COVID-19 vaccines are available to anyone over 16 through the national booking service or walk-in spots.

Boosters are also available for people over 50 or health and social care workers, as long as you are 182 days since your second dose. These have to be booked at

<https://www.nhs.uk/book-a-coronavirus-vaccination/>

There's loads of winter bugs already circulating in our communities. It might feel like you've been ill forever, but some things do take a while to clear. You can get medication from the pharmacy to help relieve the symptoms whilst you recover.

Help your local NHS this winter

The past 18 months have been really hard for the NHS but there are some small things you can do that will make a big difference to help the NHS this winter; Get your flu vaccine, Get your COVID-19 vaccines, Download the NHS app, Use your local pharmacy, and Keep a well stocked medicine cabinet.

Bar Hill Cricket Club

Thanks to everyone who supported our fundraising quiz at the Sports & Social Club, helping to raise some much-needed funds for the club.

Thanks also to Tesco and the Social Club for donated prizes for the evening.



Contrary to what some might believe, cricketers don't hibernate, so throughout the winter keep an eye on our website at barhillcricket.org.uk or on our Facebook page for the latest information.

Our AGM is due to be held in January and we are looking for volunteers to help run the club. If anyone is interested in joining us (players or volunteers), please get in touch with me on the number below.

Paul Stimpson

201212 | info@barhillcricket.org



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Bar Hill Village Hall

The Hall was first built in 1978 for use by the residents of the village as a social centre; a place to meet and to hold educational and recreational classes for the community. This founding principle is the corner-stone of the Village Hall's life today, with hundreds of members of the local community using the buildings every week, including a number of regular hirers based both within the village and the surrounding area.

Facilities and Governance

The site has undergone various small extensions and a complete rebuild over the years to continually improve the facilities such as the provision of WIFI.

The large Main Hall has multi-purpose vinyl flooring, making it flexible for all types of events. There is a kitchen alongside the Hall with a serving hatch, making it is useful for self-catering at parties, discos and the like. The licensed bar can be booked on request and will be serviced by the Sports and Social Club. The Hall opens out onto a large patio area that is ideal for external activities or a spill-over for internal events and has two bolted gates that lead off the premises.

There is also a small Meeting Room, with its own independent access and great for meetings of up to 10 people.

The Village Hall is a UK-registered charity (number 1002579) and run by a committee of 6 trustees who are committed to the on-going development of the Village Hall's role as a key community facility.

To make a booking, please initially visit our web site barhillvillagehall.com to check availability and then email enquiries@barhillvillagehall.com to confirm arrangements.

Alternatively, call **01954 782414** and leave a message. We aim to return calls within 24hours (Monday to Friday)

Crafts Shed

Crafts Shed in Bar Hill was originally launched in October 2019. We are members of The UK Men's Sheds Association.

People who attend sheds are usually called "Shedders". It is a place for men / women to chat, practise skills



and enjoy making and mending. Currently we mainly work with wood, and also repair and restore items for individuals. We have made and sold bird tables, bird boxes, bug boxes, hedgehog boxes, planters, raising funds for the group and our community.

Covid hit us badly being closed for much of a year. We were then allowed to meet in groups of up to six people. For the last few months we have been open Tuesday, Wednesday and Thursday mornings from 0930 a.m.to 1.00p.m.

Since starting up we have become a Registered Charity. This in time will enable us to access some grants, but above all else we are trying to support the community. Recently in the younger children's' play park we have refurbished the wooden benches. We are also awaiting the go ahead for other projects within the village

Thank you for all those who have contributed wood for our use. Currently we have sufficient stock. Those who have offered, we will collect in the next few weeks.

Would you like to come and join us? The age restriction is 18 and upwards. Please call in and see us in the Scout Hut on the times listed above.

If you like further information, please contact Chris Stannard on **01954 781978 / 07711 623425** or Chris Graham **07913 013920**.



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BAR HILL PARISH COUNCIL

Parish Council Office, Hanover Close, Bar Hill. CB23 8EH

01954 780456 - clerk@barhillpc.org.uk

Chairperson: bunty.waters@barhillpc.org.uk



Merry Christmas and a Happy and Healthy New Year 2022 to everyone in Bar Hill from the Parish Council!

New path for Bar Hill Village Green

Over the next few weeks, you will see work being prepared and then carried out to lay a new path around the Village Green. This will link the existing pathways onto the Village Green from near the Church, the entrance to the school playing field and the Village Hall, forming a new loop around the Village Green and improving access for all.

You can see the route of the path on the Parish Council website at <https://www.barhillpc.org.uk/2021/11/15/new-pathway-for-bar-hill-village-green/>
The red line shows where the existing, damaged asphalt path will be replaced. The yellow line shows the approximate route of the new path. The surface will be finished with self-binding gravel as shown in the bottom right of the plan. At the time of writing, we do not have a confirmed date for the start of the works, and we have been advised that we may only have one to two weeks' notice. We will update the Parish Council website with relevant dates as soon as we are notified.

The new pathway is being paid for in full as an A14 legacy project by Highways England resulting from an application for funds by the Parish Council in 2019. With a specified budget of £26,000, the path was felt to be the best option to bring the widest benefit to the most residents in Bar Hill. The Parish Council hope that you will enjoy using this helpful addition to the Village Green amenities and thank you for your understanding while the work is being carried out.

The Parish Council was sorry to receive Kevin Potts' resignation as a councillor last month and would like to say a big thank you to Kevin for his valued contribution to the community.

The Parish Council currently has four vacancies and would really like to hear from you if you would like to meaningfully contribute to the decisions the Council take on behalf of the village.

The Parish Council is a separate legal, corporate entity and is the link between residents and other tiers of local government. As well as actively pursuing local issues, the Council also manages the Village Green, the play areas and the maintenance of our green spaces. This takes time and commitment from councillors to get work done. Councillors are elected on a four-year term. The next election is in May 2022 so being co-opted now would be a useful way to see if you enjoy being a councillor before the next election. If you have some time to spare and would like to apply, please contact the Clerk for an information pack.

Useful Links

Dogs (Fouling of Land) Act 1996 (South Cambs DC); <http://bit.ly/bh-dogfouling>

Environmental Crime (South Cambs DC); <http://bit.ly/bh-envirocrime>

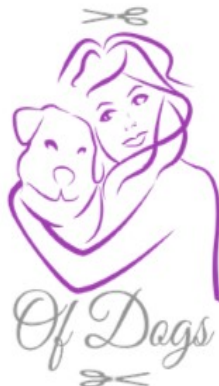
Damaged Street Nameplate (South Cambs DC); <http://bit.ly/bh-streetnameplate>

Reporting issues with roads, paths, street lights, etc. (Cambridgeshire CC); <http://bit.ly/bh-highwaysfault>

Report a non-urgent Crime (Police); <http://bit.ly/bh-reportcrime>

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Bar Hill Sports and Social Club

It's been an exciting month with reopening! the covid restrictions and table service has taken its toll on the staff and committee so thank you for your patience and understanding as we get used to the ever changing new normal.

We are always looking for new staff, Evenings and weekends available. If you would like to earn some extra cash please contact Helene to discuss this further.

We have some great events booked in so far for everyone to enjoy.

Thank you for all your support, we hope to see you all soon.

If you need to contact us please email - we'll aim to reply as quickly as possible.

bhssc.secretary@outlook.com

To keep up to date with what's happening at the club check out our new website **www.barhillssc.co.uk**

BAR HILL ROSARY GROUP

Dear All,

Rosary Group meetings have to be postponed until further notice.

Nevertheless, this particular uncertain time might be a convenient moment for you to develop more personal relationship with Jesus and Virgin Mary to find peace of heart.

We may help you by giving away rosary beads with instruction how to start praying.

Whether you are new to rosary or not we encourage finding

time for a faithful reflection.

Please text your address to Agnes (**074 3255 0621**) and the free kit will be delivered to your door (in Bar Hill). God bless you!



CAMBRIDGESHIRE FIRE & RESCUE SERVICE

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Test your smoke alarm!

Did you know that you should test your smoke alarms at least once a month? Or that you should have smoke alarms on every floor of your home? Or that Cambridgeshire Fire and Rescue Service do free home visits to make sure your home is fire safe?

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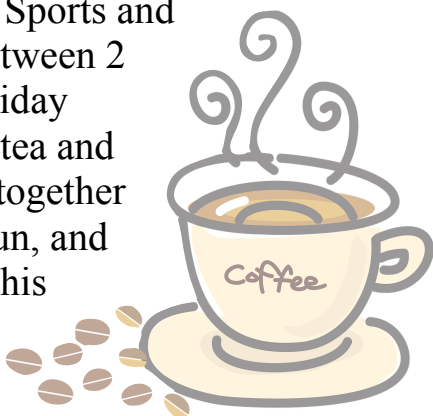
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HAPPY HOURS - December 2021

We are meeting in the main bar area of the Sports and Social Club between 2 and 4pm on Friday afternoons for tea and cakes, getting together with friends, fun, and games. All of this for only £2 per person.



The bar will be open if you want something 'extra'.

We are looking for new members to join us so if you are 50 or over, want to get out, see some old friends, meet some new ones and have some fun why not come along and give us a try!

In the meantime STAY SAFE!

Coming up in November and December:

03-DEC: Christmas Arts & Crafts with Pam Harper

10-DEC: Bingo and a Quiz

17-DEC: NO CLUB

24-DEC: ??????

31-DEC: ??????

07-JAN: Quiz

Anne Plumb, Tel: **01954 780364**, email: anne@rwp10.plus.com

CITIZENS' ADVICE

**citizens
advice**

Got questions, something worrying you?

Benefits - Work - Debt & Money -
Consumer - Housing - Family - Law -
Immigration

Drop-in session at the Octagon: Every
Monday starting 4th October 2021
between 10 and 12 am.

No appointment needed.

Not convenient? Free phone **080 827 878
08** for future appointment

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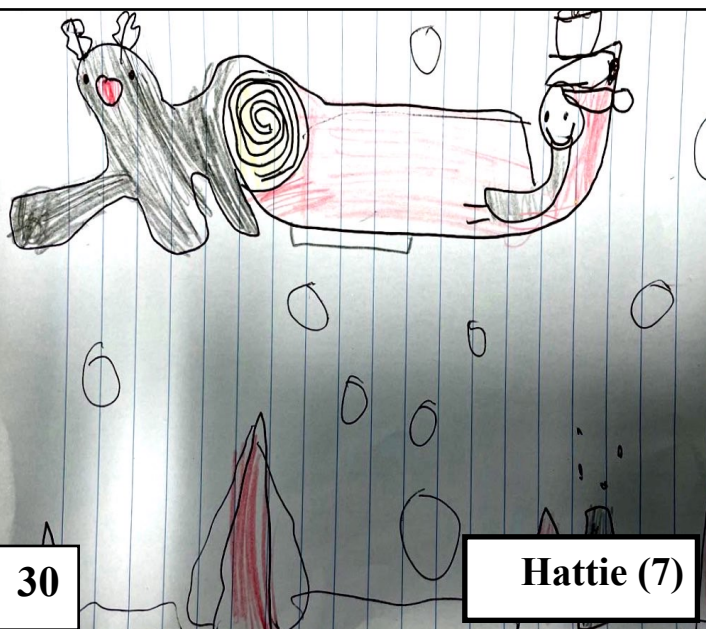
Opening times:

Mon Closed
Tue 9.00am-5.30pm
Wed 9.00am-8.00pm
Thu 9.30am-7.00pm
Fri 9.00am-5.30pm
Sat 8.00am-2.00pm

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- Appointments not always necessary



This month we're suggesting an hour's local ride on quiet roads and new cycle paths through a variety of environments. We're going to start from the SW side of the village and go out through Dry Drayton, returning to the hotel.

1 - Start at the entrance to the path near the Nature Reserve, between The Spinney and Field View.

2 - Follow the tarmac path watching out for the awkward anti-bike barrier. After the second barrier, turn right up the hill towards Dry Drayton.

3 - Carry on along to the end, turn left then first right onto Madingley Road.

4 - Follow the road through the village and at the roundabout in front of Madingley Hall, take the second exit.

5 - When you get to the roundabout at the top of the hill, you need to cross to the far side of the Madingley Road where there is a cycle path. You can dismount and cross over at the crossing, or you can ride round the roundabout. If you ride, you'll need to take the second exit towards Hardwick, and then make a U-turn back onto the cycle path at the first ramp in about 20m.

6 - Ride down the hill towards Cambridge. Near the bottom of the hill, cross over the road to Coton, then continue about 50m past the layby to the crossing island. It's best to dismount and push the bike across the road to the cycle path on the north side. Turn right to continue on the path towards Cambridge, over the M11 bridge and past the Park & Ride. There's a light-controlled crossing here.

7 - Continue on the path. At the next traffic lights turn left towards Eddington. Stay on the cycle path on the left of the road.

8 - Take the first left onto Turing Way (before the Sainsbury's turnoff) but watch out here because the "considerate

constructors" have completely blocked the path on the corner, and you'll have to ride in the road for 100m or so.

9 - Follow the road until it bends to the right up a slope. Just before you reach the first building on the left, make a sharp left turn onto Ridgeway. This is a cycle/pedestrian path which brings you

out onto Huntingdon Road, avoiding several traffic lights.

10 - At the end of the path, turn left onto Huntingdon Road, watching for pedestrians, cycles, and traffic as you exit. Here I usually ride on the road for a quarter of a mile until reaching the new cycle path outside the University Farm. If you don't fancy the road, use the light-controlled crossing to cross Huntingdon Road and go along the cycle path past Girton College and down to the bottom of the hill. Cross back opposite the University Farm to take the cycle path.

11 - Now just follow the new cycle paths all the way back to Bar Hill. Cycle up past the Cemetery to the roundabout on the Dry Drayton road, then cross the road and turn right on the cycle path over the A14 bridge. At the next roundabout, cross over to the cycle path which takes you up to the new cycle bridge by the hotel.



BIRTHDAY CORNER

Happy Birthday to all local residents who are celebrating their birthdays this month including Cliff Stamp, Skye Neale, and especially Gilly Konradt (who, in her own words, is “slightly over 60”!)

HAPPY
BIRTHDAY

Eddie Wright



Eddie (11)



George (10)



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Bar Hill NWR

Bar Hill NWR (National Women's Register) is a friendly group of like minded women who meet every two weeks in members' homes discussing a variety of topics.



DEC-02: The Repair Shop: what item you'd like to have restored

DEC-16: Would I lie to you? bring 3 facts (1 true 2 false), group to guess which one is true. Nibbles and wine

JAN-06: Shared initials - research a famous person with same initials as you

If you are interested in joining please contact the Local Organiser Marie-Thé on **780329** or her deputy Julie on **201502**.



The dark evenings have now arrived, Fireworks are done, until Christmas! I hope residents have kept themselves well as many of us are lucky to receive our booster vaccine. I wish you all a Happy & Peaceful Christmas

Homing Refugees

In September, the Council was pleased to announce that we would be able to offer homes to 40 refugees from Afghanistan, continuing our partnership with Cambridge City Council, which has a wealth of experience in providing the much needed support to help people settle into their new communities. We know that many of our residents wish to do something of their own to help families fleeing Afghanistan. If that's you, you may find the following list of organisations useful. • Cambridge Refugee Resettlement Campaign (volunteering and financial donations) • Cambridge Convoy Refugee Action Group (volunteering and financial donations) • Cambridge Ethnic Community Forum • Distribute Aid • British Red Cross

Old Services site

The buildings at the old service station, Travelodge and Little Chef are the responsibility of the Highways England Estates team, now known as National England. Together with Cllr Edna Murphy we will continue to keep this problem highlighted, of the disused area where these buildings are being left to be vandalised and not abandoned as this could be a very useful site.

Air quality monitoring

Air quality in South Cambridgeshire is generally good, with low pollution levels. However, it remains important to monitor

air quality and improve it wherever possible, because polluted air is the biggest environmental threat to health in the UK. The main factors impacting air quality in our district are major roads and solid-fuel burning appliances. We have bought three compact Zephyr air pollution sensors to measure pollutants in real time, to carry out short-term monitoring (alongside our existing monitoring network). If you have a suggested location for our short-term monitors, please let us know. envelope air.quality@scambs.gov.uk

Quote: Cllr Pippa Heylings, Chair of the Climate and Environment Advisory Committee, said: "We know that as well as the larger changes needed internationally, it's also up to all of us to play our part when it comes to addressing the climate and ecological emergencies we face".

Christmas Tree-cycling

What will you do with your real Christmas tree after New Year? Arthur Rank Hospice Charity can help, as their team of volunteers are ready to collect and compost it for you, hassle-free. Register for a collection via their website

www.arhc.org.uk/tree-recycling

Last year the Hospice's volunteers collected 2900 trees and raised over £54,000 for the charity!

Welcome if you are new to the village, please contact me if I can help in any way or you would like more information on any subject, please know there is support for problems.

Please visit the Bar Hill Community Hub on each Monday morning as there are people on the ground who can help.

PUZZLES & GAMES

DECEMBER 2021

A	C	E	E	E	N	M	I	S
A	T	E	E	T	I	N	B	E
A	T	E	E	P	L	N	G	S
B	E	T	E	V	E	N	G	S
C	E	L	F	I	R	R	R	Y
C	H	O	G	R	E	R	G	R
C	O	L	H	E	M	T	L	E
C	R	A	H	L	E	T	O	E
E	B	R	M	M	I	T	R	I

WORD TILE BY BH

	E				E	H		
	E			B			T	
	H			O			T	
	R						R	
	V						E	
	I					A		
	R				I			
	I			L				
	R			M	I	N	G	

AIM: Place the 'three character tiles' in the Left hand grid to the CORRECT spaces
In the right hand grid relating to NINE CHRISTMAS festive words containing NINE letters Horizontally and in alphabetical order SOLUTION will appear online (via the Residents Association Facebook Page). If you'd like more puzzles there is a Facebook group; <https://bit.ly/3FA03e0> which is run by Brian Halls who provides these puzzles!

1		2		3		4		5
6								
7		8				9		
10								

Across - 1.comes after advent.
6.very cross. 7.Great NE city.
10.the day past.

Down - 1.Santa's traditional access. 2.base colour of no1's garments. 3.writing on shopfronts.4.flightless bird.
5.having enough. 8.used to be.
9.tiny bit.

Bar Hill Editorial Services

editing - copyediting - proofreading
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Roger Hall, 11 Almond Grove, Bar Hill,
Cambridge. CB23 8DU

Contact: 01954 780304, or 07746 118880

Email: rogerhall@barhill11.fsnet.co.uk

On-screen and hard copy work accepted

Puzzle solutions will be published on the 25th of the Month on the Bar Hill Residents Association Facebook Page (or can be obtained by emailing the editor)

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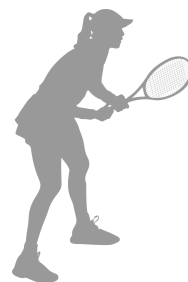
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Bar Hill Tennis Club

Our courts remain available for use on those dry bright winter days!!

If you are not already a member and want to play our winter memberships allowing you to play at any time from 1 September through to 31.3.22 may be just right for you:



Adult: £20, Junior: £5, Family: £42

Key for floodlights if required - £10

For full details of our very competitive membership fees please visit our web site www.barhilltennisclub.co.uk, email, call us (details below) or pop down to the courts during Club nights.

Annual membership entitles you to play at anytime but the courts are also available to hire for private play. There is also an active Club WhatsApp group. Membership applications and individual court hires can all be booked and paid for "on line" via our website.

Our Adult Club nights are Tuesdays & Thursdays 6.30 to 9pm and we play social tennis – very relaxed and catering for all standards. We play through to late autumn and maybe longer subject to weather!

Our thanks go out this month to Crafts Shed (Shedders) the registered charity who are based in the village in the scout hut for the excellent work they have done in refurbishing our old benches.

When playing please observe any Government Covid guidelines and any guidance posted at the Courts.

We look forward to seeing you!

Paul Chubbuck (Secretary), **07983 435104**
info@barhilltennisclub.co.uk

Geof Tamulonis (Chair)
info@barhilltennisclub.co.uk

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Bar Hill Day Nursery and Out of School Club

www.buttercupschildcareltd.co.uk

Bar Hill Day Nursery is based in Gladeside, Bar Hill. We are open 7.30am – 6pm, Monday to Friday, 50 weeks per year. We have spaces year-round or term-time for children aged 4 months to 4 years. Please contact the Nursery for more information or to arrange a visit. **Phone: 01954 488081 Email:**

info@buttercupschildcareltd.co.uk

Bar Hill Out of School Club is based in the building next to Bar Hill Primary School. We offer Before and After School care and Holiday Club for Primary aged children. We are open 7.30am – 8.45am, 3pm – 6pm Monday to Friday and 8am – 6pm during school holidays. For more information or to make a booking please contact the Out of School Club: **Phone 01954 200814 Email: oosc@buttercupschildcareltd.co.uk**

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Knit and Natter Group

We are delighted to announce that the “Knit and Natter Group” will be meeting again after around 18 months.

We can be found in “The Octagon” on a Thursday afternoon from around 1.15 p.m.

This group is well established in the Village having started in September 1997 in Joan Smart’s house with around 6 people.

We have grown since then and welcome around 40 ladies each week. The purpose of the group is to provide friendship and a regular social event and knitting projects for the Knitters to work on. (Our afternoon is punctuated by tea and cake!) Most of the knitting is given to charities who need baby’s clothes and blankets. (However, you do not have to knit to belong to the group.)

We have provided plenty of baby hats for the new born babies at The Rosie Hospital in colours (red, amber and green) to indicate whether they need extra attention. We have sent sets of baby clothes to a Children’s orphanage in Sachi Bondu in Africa and many, many blankets to Care Homes, and provided hand knitted hats, scarves and gloves for Christmas in poorer European countries, among many other things.

We are always happy to welcome new people into this friendly group which has proved valuable to many people living alone and/or newly moved into the village. Interested? Give me a ring and I can give you some more information. Contact me on **780260**. Sue Kenchington



Your care home experiences wanted!

Do you, a loved one, family member or friend live in a Cambridgeshire or Peterborough care home?

Health and social care champion Healthwatch Cambridgeshire is calling out to local families to share their experiences of care homes over the last 12-18 months.

From communications and visiting restrictions to Covid testing and end of life care – they want to hear what it’s been like for you.

What you tell Healthwatch will help local health and care services prepare better for the future.

If you’re not online, get in touch and they can send you a paper questionnaire and a pre-paid envelope. Call 0330 355 1285.

Share your views at:

www.healthwatchcambridgeshire.co.uk/care-home-survey



Weekly playgroup sessions for babies and preschool children

A range of toys and play equipment with fun activities including crafts, singing, sensory play and story time

Thursday Morning 9:45-11:15am*
at the Octagon, Bar Hill

*term time only

Taster session Free, Further sessions - under 1 £2, over 1 £3, 2 or more children £4 refreshments and snacks included

We look forward to seeing you at our next session

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Our profits through Rosie in Stitches are over £1,000. We have received £720 this year from PayPal shoppers rounding up for charity at the checkout.

The Friends of the Rosie charity are registered with Paypal, eBay, Amazon Smile and Easyfundraising so that customers can donate to our charity at the checkout.

We are continuing to join marketplace events on facebook, details are on our facebook page <https://www.facebook.com/RosieinStitches/>

If you have been tidying another cupboard, we are still welcoming donations of craft materials.

We need to find alternative storage space for the items we have for sale. If you have a garage or a shed that you are not making full use of would you consider letting it out to our charity.

We are still unable to run our Friends of the Rosie tea bar in Clinic 21 due to Covid19. We are unable to say when our tea bar will be able to open again as most of our volunteers are of retirement age or older. We will provide you with regular updates when we know more. We would be able to open sooner if our volunteers were younger. We also need more volunteers. If you know of anyone who might be interested. Please contact Ann Laskey (annlaskey@icloud.com) for

more details of what would be involved.

New members are always welcome, whether to contribute financially, to join our team of knitters, provide transport for our volunteers, display a small selection of our wares or to help on the Rosie tea bar. Contact Mary Sanders on **01223 356615** further details are given on our website www.rosieinstitches.org.uk.

We wish all our supporters a wonderful winter and hopefully a family Christmas too. All the very best for 2022.

Thank you for your continued support

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WINNERS 9+

Winner
Ethan (11)



Runner Up
Jay (10)

THANK YOU ...



... TO ALL WHO ENTERED